











Next time I enter a supermarket, please remind me to sanitize my hands.

Remind me to use my loyalty card when I start to pay at the billing counter.

When I start to exit the supermarket, remind me to return the shopping trolley.



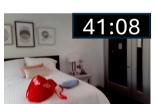














Next time I start doing my exercises, please remind me to drink some water.

When I start watching television <u>after</u> decorating the house, remind me to adjust the volume.

As soon as I throw away the trash, remind me to wash my hands.